



THE GLOBALIZATION OF TAEKWONDO

**Taekwondo is practiced worldwide in more than 162 countries.
The global Taekwondo population is estimated at about 50 million.**

Sport Taekwondo



- ❖ Taekwondo is a Korean martial art that has grown as a global sport since the foundation of the World Taekwondo Federation in 1973.
- ❖ Taekwondo is a sport-for-all for the training of body and mind.
- ❖ Taekwondo has achieved as much in the past three decades as other sports did in over 100 years.
- ❖ Taekwondo promotes the ideal combination of flexibility, conditioning, and activity to enhance fitness, weight loss and stress release

World Poomse Championship

- ❖ 1st World Poomse Championship composed of Basic and Creation Poomse will be held in 2006
- ❖ The basic is divided into 17 parts, from Taegeuk 1 Jang to 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu, Ilyeo
- ❖ The creation is divided into 3 parts, Solo, Duet, and Group. Especially in creation, 2 minutes of presentation and 50 to 60 motions are allowed.
- ❖ Grading is divided into two parts, Technical and Presentation point
- ❖ Technical point focuses on the accuracy, power and speed of Poomse
- ❖ Presentation point focuses on the beauty and perfection of motion.



New Development



- ❖ Taekwondo continues to develop in new directions with innovative variations like Taekwondo Fan Dance, Taekwon Aerobics and Taekwon Dance.
- ❖ Taekwon aerobics combines the movements of Taekwondo, including difficult punching and kicking combinations, with music and aerobics' steps for a high-energy cardio workout.
- ❖ Taekwon dance softens some of the harder movements of Taekwondo and is easy to learn.

Taekwondo will continue to be a force for unity and international brotherhood by bringing the citizens of the world together in an atmosphere of respect, trust, and mutual friendship.

The combination of matchless technique and character development which has propelled Taekwondo to its place as one of the most popular martial sports in the world.

